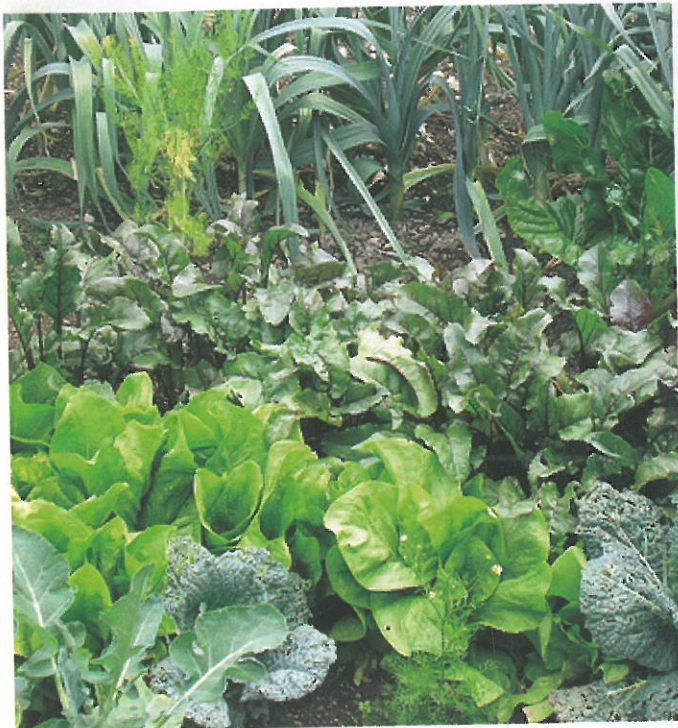


Garden Glory

Mlango Farm is a local foodie's dream come true



By Rand Pearson

If God's Garden does exist, then it must reside in the lush countryside of Limuru – and more specifically – situated in the rolling hills of the Mlango homestead.

Here, spread over 10-acres of terraced red earth, is one of Kenya's largest cooperatively produced organic farms. With its abundant rainfall and high-valley sunshine, it grows some of the finest vegetables the local market can offer, including exotic lettuces, endives, artichokes and Kikuyu onions (among other green goodies).


You will find their produce on the menus of some of the up-market dining establishments around town, including Windsor, Tribe, Artcaffe and Onami. Best of all, you can have a handpicked basket of gardener delights delivered weekly to several collection points in Nairobi. (Kenya Concierge will even go the extra mile and have it delivered to your house.)

But this isn't even its best characteristic. Apart from providing Nairobi with some of the healthiest ingredients available, the farm takes visitors and caters up to 12 people for long, lazy weekend lunches (wine not included).

Sunday lunch is perhaps the favorite meal in the

Kenya Concierge household and there are few better destinations for home-cooked love, than Mlango Farm. Foodies will love the cooking of proprietor and Dutch expat, Els Breet. She uses the freshest ingredients picked that day from the garden in recipes of her own making. Expect lots of great veggie dishes, such as casseroles, tarts and salads mixed in with the odd meat dish to round out the whole meal. The emphasis is of course on the organic farm and what it has to offer.

"We moved to the neglected farm in 2007 and got started right away," says Els. "Growing vegetables is a great job to do, we are passionate about farming in a sustainable way and, after a lot of sweat from us and many workers. We love to show people around on the beautiful farm we have created. What's next: maybe two cows and a few pigs?"

 For special packages to
Mlango Farm through Kenya Concierge, email info@kenyaconcierge.com
or call the Concierge Hotline on 0733 676468

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AUGUST-SEPTEMBER 2013 23

KENYA CONCIERGE SPECIAL DEALS



GIRLS DAY OUT

Ladies, this one's for you! Gather a group of five gal pals and let Kenya Concierge spoil you rotten: champagne, limos, spas—pampering at it's best.

A Girls' Day Out is the chance for you and your friends to get out there and do something indulgent, fun and out of the ordinary. We can provide a number of options from spa & wellness experiences, culinary experiences to extraordinary experiences, depends on what you fancy! Available within Nairobi, the rest of Kenya. Bring out the adventurer in YOU.



IT'S THE HOLIDAYS!

Kenya Concierge is here to take the burden of school holidays off your shoulders. We understand how hectic it can get to constantly entertain little curious minds. Let us organise something for your kids & their friends - from picnics, national park outings, art & drama classes, cooking classes—you name it, we can sort it for you!



ORGANIC FARM LUNCH

Welcome to the Mlango farm! A true jewel in Limuru's crown, only a 30 minute ride from Nairobi to this wonderful sanctuary. Take the kids, the folks and pretty much anyone who enjoys the fresh air & incredible outdoors that Kenya has to offer. A trip out to Mlango Farm for a delicious, fresh, healthy, organic lunch is totally worth it. You will enjoy an inspiring walk around the organic farm after lunch to simply take in the fresh air and goodness that Kenya's highlands are famous for. We LOVE this place so it comes 100% recommended by us. Lunch & visit: adults - Kes 2500; kids under 12: Kes 1000



FREE WINE AT LE RUSTIQUE

Book a lunch or dinner for two or more at Le Rustique, through Kenya Concierge, and get a free bottle of wine. It's a real no-brainer.

Contact us on info@kenyaconcierge.com
or call the Concierge Hotline on 0733 676468